



HOLY HOUR, 31 DECEMBER 2025

Hymn: 122. *Father, we adore you or any other hymn of adoration and worship.*

Introduction: Dear friends, as we gather to pray together, at the close of the year, we come before God Almighty, with hearts full with gratitude and open for newness. For us Christians, gratitude is not merely an occasional response to a particular blessing but a way of life—a constant hymn of praise to the Giver of all good things. We bring to Him the story of our days—the joys that brightened our journey, the tears that watered our path, the graces received, and the challenges we have faced with God’s hand over us. Through every sunrise He remained faithful, and in every nightfall, His protection was over us. We adore Him for the breath of life, the gift of faith, the bonds of love, and the quiet strength that carried us through the year. We thank God particularly for the gift of the Jubilee Year of Hope—a blessed journey of faith and renewal for the universal Church, even as we confront the darkness of wars, persecutions and the tragic loss of countless innocent lives. We give thanks, too, for the gift of a new shepherd for the Church, one whose heart is attuned to the cry of the poor and the voiceless, guiding us toward a future filled with hope. The Lord indeed walks with His people.

Hymn: No. 453. *When I look into your holiness (Joyful Celebration)*

Prayer: Jesus our divine Master, the Word made flesh and our eternal light, we adore and worship you. You are present here in a wondrous manner, body blood, soul and divinity. You whom the whole universe cannot contain chose to be present amidst us in this sacred Host. You offer solace, peace, strength and courage to all those who come to you responding to your invitation; “*Come to me all of you who are burdened*” Lord, we offer you our gratitude, our love, our praise, and our desires too. We also pray for the needs of the world, for those who are suffering, and for those who do not know your love. May your grace permeate our lives and bring healing to the brokenness of our world.

Response: *We thank You, Lord or sing the antiphon of O give thanks to the Lord for He is good.*

Leader: For the gift of life and every new beginning,

Leader: For the gift of faith that sustained us in trials,

Leader: For moments of joy and peace shared with family, parish community and friends,

Leader: For the times God carried us through sorrow, confusion, or loss,

Leader: For all who loved, accompanied, guided, corrected, and supported us,

Leader: For work that fulfilled us and for rest and recreation that renewed us,

Leader: For creation’s beauty — the sun that rose faithfully, the rains that refreshed the earth,

Leader: For the knowledge gained, experience acquired and for wisdom endowed to us,

Leader: For the inventions that ease burdens, connect distances, heal illnesses, and open new paths to learning and communication,

Leader: For the Church and its leaders, the Sacraments, and for the daily Eucharist,

Leader: For every grace received and for those yet to come,

(Pause for silent personal thanksgiving before the Blessed Sacrament)

Hymn: No. 133 *Give thanks with a grateful heart. (Joyful Celebration)*

Scripture Reading: Psalm 103:1–5, 8–13 *(Pause for few moments after the Scripture Reading)*

Reflection: Psalm 103 calls our souls to rise in grateful praise for our God who forgives, restores, and surrounds us with a love deeper than we can fathom. As another year draws to a close, gratitude becomes the bridge between what has been and what will be. When we look back, we see not only our plans and projects but God’s unseen hand weaving grace into our days. Every heartbeat, every kind word, every lesson learned through joy or pain, success or failure — all are gifts from our generous God. Thanksgiving is not mere courtesy; it is a way of being. To thank God is to confess that we have received, not achieved. It is to admit that life is not random, but filled with meaning and purpose. It is to acknowledge the people who have blessed our journey — family, friends, mentors, co-workers, and even those who have challenged or guided us — for through them, too, God has shaped our hearts. As we kneel before the Eucharistic Lord, let us allow gratitude to heal our memories. Let us remember not only what went wrong but what went right — the strength that carried us through, the smiles that comforted us, the faith that endured, and the quiet presence of God in moments we thought were empty. In thanksgiving, we discover freedom — for a grateful heart cannot be bitter, anxious, or resentful. It rests in God, trusting that He has been and will continue to be Emmanuel God with us. *(Pause..... for Silent Self-examination of conscience in the light of the Gospel)*

Hymn: No. 164 Have thine own way Lord... *(Joyful Celebration)* or any other.

General Intercessions:

Response: Lord, graciously hear prayer.

We pray for our parish community, that we may grow ever more united in faith, strengthened in charity, and courageous in witnessing to the hope of Christ in our world. We pray,

We pray for our families, that love may deepen and forgiveness renew our bonds each passing year. For our communities and parishes, that gratitude may inspire greater service and unity among us. We pray,

For our youth, that they may find in Christ a sure guide, in the Church a loving home, and in this community the encouragement they need to discover their God-given purpose. We pray,

For those burdened by grief of loss of loved ones, illness, or uncertainty, that God’s love and faithfulness may comfort them. We pray,

For all who labour to heal the earth—environmentalists, farmers, conservationists, and every mindful caretaker—that their efforts may bear lasting fruit for future generations. We pray,

For our world, that the coming year may see peace, justice, and care for creation. For ourselves, that we may begin each day with a grateful heart and end each night in peace. We pray, **Our Father.....**

Concluding Prayer: Lord of all time and eternity, as this year closes, we lay before You our story — its light and shadows, its laughter and tears. Thank You for being our companion on the journey and leading us through, for Your mercy that forgave, your strength that sustained, and Your love that never failed. Bless the coming year with Your peace and renew in us the joy of discipleship. May our gratitude today flow into generous service tomorrow, and may every breath we take proclaim: “To God be glory forever!” Through Christ our Lord. **Amen.**

Benediction:

The Divine Praises:

-Commission for Liturgy, Archdiocese of Bombay.

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