



NOVENA TO THE HOLY SPIRIT IN PREPARATION FOR THE PENTECOST

INVITATION PRAYER

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and you shall renew the face of the earth.

Let us pray:

O God, who have taught the hearts of the faithful by the light of the Holy Spirit, grant that in the same Spirit we may be truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen.

Prayer for the Seven Gifts of the Holy Spirit

O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Spirit to finish Your work in the souls of Your Apostles and Disciples, deign to grant the same Holy Spirit to me that He may perfect in my soul, the work of Your grace and Your love. Grant me **the Spirit of Wisdom** that I may despise the perishable things of this world and aspire only after the things that are eternal, **the Spirit of Understanding** to enlighten my mind with the light of Your divine truth, **the Spirit of Counsel** that I may ever choose the surest way of pleasing God and gaining heaven, **the Spirit of Fortitude** that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, **the Spirit of Knowledge** that I may know God and know myself and grow perfect in the science of the Saints, **the Spirit of Piety** that I may find the service of God sweet and amiable, and **the Spirit of Fear of God** that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord, with the sign of Your true disciples and animate me in all things with Your Spirit. Amen.

DAY ONE: FRUIT OF LOVE

Come, Holy Spirit,
fill our hearts with the fire of your love.

May the fruit of love ripen in us,
guiding our words, actions, and thoughts.

Help us to love as you love,
with kindness, compassion,
and selflessness. May our hearts be open to serving others,
and may our love be a reflection
of your divine love.

As the apostles were empowered on Pentecost, empower us to be instruments of love and peace in the world. May our lives be a testament to the transformative power of your love. Come, Holy Spirit, and ignite within us the flame of love. May we radiate your love, bringing joy and hope to those around us. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

DAY TWO: FRUIT OF JOY

Come, Holy Spirit,
fill our hearts with the joy
that comes from knowing
and loving God.
May the fruit of joy
overflow in our lives,
guiding us to share
your gift with others.

Help us to trust in God's plan,
to find peace in His presence,
and to radiate joy
in every circumstance.
May our lives be a testament
to the hope and happiness
that comes from following
Jesus Christ.

As the apostles were
filled with joy and boldness
after Pentecost,
fill us with the same
Spirit of joy and courage.
May we spread your love
and joy to those around us,
and may our lives
be a reflection of your glory.
Come, Holy Spirit,
and bring us joy. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life.
Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist,
renewed by the grace of Pentecost so as to live in word and deed always and
everywhere as faithful witnesses of Christ. Amen

DAY THREE: FRUIT OF PEACE

Come, Holy Spirit,
fill our hearts with the peace
that surpasses all understanding.
May the fruit of peace
reign in our lives,
guiding us to trust in God's plan
and to rest in His presence.

Help us to be peacemakers,
spreading love, kindness,
and compassion to those around us.
May our words and actions
bring calm to the stormy
and comfort to the troubled.

As the apostles received
the gift of peace on Pentecost,
grant us the same gift.

May we radiate peace,
hope, and reassurance
to a world in need.
Come, Holy Spirit,
and fill us with your peace.
May our lives be a reflection
of your love and serenity.
May we be instruments
of peace, love, and harmony. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life.
Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist,
renewed by the grace of Pentecost so as to live in word and deed always and
everywhere as faithful witnesses of Christ. Amen

DAY FOUR: FRUIT OF PATIENCE

Come, Holy Spirit,
fill our hearts with the fruit
of patience, that we may
endure life's challenges
with trust and hope.
Help us to wait calmly
on God's timing,
and to persevere
in the face of difficulties.

May patience guide our interactions
with others, that we may
show understanding and kindness
even in trying times.
As the apostles were empowered
by your presence on Pentecost,
empower us to live with patience,
trusting in God's plan.

May our lives reflect your peace
and gentle guidance,

and may we be a source
of comfort and strength
to those around us.
Come, Holy Spirit,
and cultivate in us
the fruit of patience.
May we grow in wisdom
and holiness. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life.
Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist,
renewed by the grace of Pentecost so as to live in word and deed always and
everywhere as faithful witnesses of Christ. Amen

DAY FIVE: FRUIT OF KINDNESS

Come, Holy Spirit,
fill our hearts with the fruit
of kindness, that we may
reflect God's love in our actions.
Help us to be gentle,
compassionate, and caring,
showing empathy to those
around us.

May kindness guide our words
and deeds, that we may
bring comfort and joy
to those in need.
As the apostles were sent
forth on Pentecost,
empower us to spread
your love and kindness
to all we meet.

May our lives be a testament
to your mercy and goodness,
and may we be instruments
of peace and love.
Come, Holy Spirit,

and cultivate in us
the fruit of kindness.
May we grow in love
and service to others.
May your kindness flow
through us. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

DAY SIX: FRUIT OF GOODNESS

Come, Holy Spirit,
fill our hearts with the fruit
of goodness, that we may
reflect God's love and mercy.
Help us to be virtuous,
righteous, and compassionate,
showing goodness to all.

May goodness guide our actions,
that we may bring hope
and light to those around us.
As the apostles were empowered
on Pentecost, empower us
to live out your teachings
and to serve others selflessly.

May our lives be a testament
to your goodness and love,
and may we be instruments
of healing and peace.
Come, Holy Spirit,
and cultivate in us
the fruit of goodness.
May we grow in holiness

and serve with generosity.
May your goodness shine
through us to a world
in need. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

DAY SEVEN: FRUIT OF FAITHFULNESS

Come, Holy Spirit,
fill our hearts with the fruit
of faithfulness, that we may
remain steadfast in our devotion
to God and His teachings.
Help us to trust in His plan,
to obey His commandments,
and to follow Jesus' example.

May faithfulness guide our
commitments and relationships,
that we may be reliable
and true to our word.
As the apostles were faithful
witnesses on Pentecost,
empower us to be faithful
disciples, spreading your love
and truth to all.

May our lives reflect your
fidelity and love, and may
we be instruments of hope
and encouragement.
Come, Holy Spirit,
and cultivate in us
the fruit of faithfulness.

May we grow in loyalty
and dedication to God. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

DAY EIGHT: FRUIT OF GENTLENESS

Come, Holy Spirit,
fill our hearts with the fruit
of gentleness, that we may
reflect your love and compassion.
Help us to be humble,
meek, and kind,
showing consideration
for others' needs.

May gentleness guide our words
and actions, that we may
bring peace and comfort
to those around us.
As Jesus taught and served
with gentleness, empower us
to follow His example.

May our lives be a testament
to your gentle guidance,
and may we be instruments
of healing and peace.
Come, Holy Spirit,
and cultivate in us
the fruit of gentleness.
May we grow in empathy
and understanding,
and may your gentle love
shine through us. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

DAY NINE: FRUIT OF SELF-CONTROL

Come, Holy Spirit,
fill our hearts with the fruit
of self-control, that we may
master our passions and desires.
Help us to be disciplined,
temperate, and wise,
making choices that honour you.

May self-control guide our
thoughts, words, and actions,
that we may live virtuously
and resist temptation.
As the apostles were empowered
on Pentecost, empower us
to live self-controlled lives,
reflecting your love and wisdom.

May our lives be a testament
to your guidance and strength,
and may we be instruments
of peace and righteousness.
Come, Holy Spirit,
and cultivate in us
the fruit of self-control.
May we grow in maturity
and holiness, and may
your Spirit guide us. Amen.

Fiat prayer

Most Holy Spirit, help us in union with Mary, to relive the mysteries of Jesus's life. Grant that we may be inspired by the faith of our baptism, nourished by the Eucharist, renewed by the grace of Pentecost so as to live in word and deed always and everywhere as faithful witnesses of Christ. Amen

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