



31 December 2024  
**HOLY HOUR**

**Hymn:** *A hymn of adoration and worship.*

**Introduction:** Dear brothers and sisters in Christ. As we gather in the presence of our Eucharistic Lord, we come with hearts full of gratitude for the blessings of the year 2024. Gratitude is the mirror of a Christian heart. It reflects a soul that acknowledges God's goodness in all circumstances, being aware that all we have is a gift—unearned and undeserved, yet freely given out of God's boundless love. A grateful heart transforms our relationship with God, deepening our trust in His providence and opening our hearts to greater joy and peace. It also shapes our relationships with others, inspiring us to love, forgive, and serve more generously. As Christians, gratitude is not merely an occasional response for a particular blessing but a way of life, a constant hymn of praise to the giver of all good things. Let us open our hearts to the Holy Spirit, allowing Him to lead us into deeper gratitude and love for God who has walked every step of this year with us.

**Hymn: No. 123** Father, we love you, we worship and adore you. (*Joyful Celebration*)

**Prayer:** Jesus our divine Master,  
the Word made flesh and our eternal light, we adore and worship you.  
You are present here in a wondrous manner, body blood, soul and divinity.  
You whom the whole universe cannot contain chose to be present amidst us in this sacred Host.  
You offer solace, peace, strength and courage to all those who come to you  
responding to your invitation; "*Come to me all of you who are burdened*"  
Lord, we offer you our gratitude, our love, our praise, and our desires too.  
We also pray for the needs of the world, for those who are suffering,  
and for those who do not know your love.  
May your grace permeate our lives and bring healing to the brokenness of our world.

*(Pause..... for Moments of Silent and Personal Prayer)*

**Prayer of Thanksgiving:**

**All:** *Sing the antiphon of the song "Oh give thanks to the Lord for He is good..."*

For the gift of life and health, and for all the ways God has provided for our needs this year: For the good health and for the modern healthcare facilities and medical professionals at our service in moments of ill-health.

For the gift of family and friends, and for the love and support we have shared and received, for the moments of joy and celebration, for hurts forgiven, hopes restored, trials and the lessons learned from the experiences of the past year.



For the help received, for random bursts of inspiration at work; for peaceful or quiet time that we have been blessed with, this year. for secured job and for food on our tables, for fresh air, clean water, music, art, literature and culture.

For the blessings, we give You thanks. For the trials, we trust in Your purpose. For the moments of joy, we rejoice in Your goodness. For the moments of sorrow, we find comfort in Your presence.

For the assurance of your ever-abiding presence as we step into the unknown future with new opportunities and challenges. May our hearts overflow with thanksgiving and praise, not just tonight but every day of our lives. Amen.

**Hymn: No. 304.** O Spirit, Source of Wisdom (*Joyful Celebration*) or any other.

**Scripture Reading: Psalm 103:1-5** (*Pause for few moments after the Scripture Reading*)

**Reflection:** As I stand at the threshold of a closing year, these words from the psalmist feel like the deepest sigh of our soul—a holy invitation to remember, to look back, and to bless. In the silence of our hearts, let us name before God the moments when we felt His loving presence. Perhaps it was in the embrace of family, the love of a friend, the meals shared, the kindness of a stranger, the gifts that were so quietly given, or the beauty of creation. Let us also bring before Him the challenges and struggles we faced. Even in our darkest moments, God’s light was present, guiding and sustaining us. We choose to bless Him—not just for the big miracles, but for the small, quiet ones that shaped our days. For every breath, every step, every moment we were held by His grace. Gratitude is not just about acknowledging the good things but also recognizing God’s hand in the trials that refine us. Like gold tested in fire, our faith and trust have grown through the year’s difficulties. (*Pause..... for a Silent personal prayer*)

**Hymn: No. 133** Give thanks with a grateful heart. (*Joyful Celebration*) or any other.

(*Pause..... for Silent Self-examination of conscience in the light of the Gospel*)

**General Intercessions:**

**Response: Lord, hear our prayer.**

For the leaders of the Church and the world; that they may be open to the guidance of the Spirit in all their policies and plans for the coming New Year. We pray.

We pray that we may enter the New Year joyfully, willing to learn and dream, remembering our many gifts with thanks and looking forward to blessings yet to come. We pray.

We pray that in the midst of life's uncertainties, we may stay grounded in the certainty of your unchanging love and face the new, with joyful hope. We pray.

We pray for people who have had trying times due to sudden loss of their loved ones or loss of property, that the Lord comfort and accompany their journey with his grace and grant eternal rest to the departed loved ones. We pray. **Our Father.....**

**Benediction:**

**The Divine Praises:**

**Closing Hymn:**