



## WAY OF THE CROSS FOR ALL

### Introduction:

Dear brothers and sisters, as we embark on the Way of the Cross, let us reflect on the profound love of our Lord Jesus Christ, who walked this path of suffering for our redemption. May this pastoral journey deepen our understanding of His sacrifice and inspire us to follow Him with love and devotion.

### FIRST STATION: Jesus is condemned to death.

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** As we begin the Way of the Cross, we reflect on the unjust condemnation of Jesus. How often do we rush to judgment, disregarding the complexity of others' lives? Let us be mindful of the grace to withhold judgment and seek understanding.

**Prayer:** Dear Lord, help us trust in Your divine goodness, even in the face of injustice. Grant us the grace to forgive those who condemn us unjustly and guide us on the path of righteousness. May we extend the mercy that You have shown us. Amen.

### SECOND STATION: Jesus accepts his cross.

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** As Jesus takes up His cross, He embraces the weight of our sins. What burdens are we willing to bear for the sake of others? Let us reflect on the sacrificial love that invites us to carry our own crosses with grace.

**Prayer:** Lord Jesus, help us shoulder the burdens of our brothers and sisters. May our love be a source of strength and comfort for those who are burdened. Amen

### THIRD STATION: Jesus falls for the first time

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** In His weakness, Jesus fell. How often do we stumble in our spiritual journey? Let us remember that God's grace is sufficient, lifting us up when we falter.

**Prayer:** Merciful God, when we fall, be our strength. Help us rise again and continue our journey with faith and perseverance. Amen

**Hymn: 431.** We hail thee, Saviour and Lord. (*Joyful Celebration Hymnal*) or any appropriate hymn.



#### **FOURTH STATION: Jesus meets his mother, Mary**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** In the midst of His suffering, Jesus encounters His mother. Mary's silent strength speaks of a love that endures even in the face of profound sorrow. Let us turn to Mary as a model of steadfast faith in times of trial.

**Prayer:** Blessed Mother, teach us to trust in God's plan even when it seems beyond our understanding and strength. May your example inspire us to persevere in faith. Amen

#### **FIFTH STATION: Passerby Simon helps Jesus carry the cross**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** As one compelled to assist Jesus, Simon, represents the unexpected helpers in our lives. How often do we recognize and appreciate those whom God sends to share our burdens?

**Prayer:** Gracious Lord, open our eyes to the helpers you send our way. May we receive the assistance with gratitude and be willing to be helpers in return. Amen

#### **SIXTH STATION: Veronica wipes the face of Jesus**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** Veronica's act of compassion reminds us to see the face of Christ in others. In a world filled with suffering, how can we be a source of comfort and kindness?

**Prayer:** Loving Saviour, help us to recognize Your face in the marginalized and suffering. May our acts of compassion be a reflection of Your boundless love. Amen

#### **SEVENTH STATION: Jesus falls for the second time**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** Despite Jesus' fall, His determination to rise and continue echoes resilience. How can we find strength in our moments of weakness, trusting that God's grace sustains us?

**Prayer:** Heavenly Father, when we stumble again, grant us the courage to rise with renewed determination, knowing that in Your grace is our strength. Amen.

#### **EIGHTH STATION: Jesus meets the women of Jerusalem**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*



**Reflection:** Amidst His own suffering, Jesus consoles the weeping women. Let us reflect on the compassion we can offer to those around us, even while dealing with our own times of distress.

**Prayer:** Lord Jesus, give us the courage to speak out the wrong things we see and not to give our approval to the evil things by our silence. Grant us the ability to console and bring hope to those in despair. Amen.

**NINTH STATION: Jesus falls for the third time**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** The third fall of Jesus emphasizes the physical and emotional toll of his journey. How often do we persevere in the face of challenges, relying on God's grace? Life may bring challenges of its own but we are never alone.

**Prayer:** Lord Jesus, when we feel overwhelmed, be our strength. Help us to complete our own journey to Calvary. Amen.

**TENTH STATION: Jesus is stripped of his clothes**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** Jesus, stripped of His garments, stands vulnerable but most dignified. What really gives us dignity and grace in life? Let us allow our hearts to answer and then, live that conviction.

**Prayer:** Lord, strip away our pride and worldly attachments that binds and enslave us. Clothe us in the humility that allows us to follow your example in simplicity and purity of heart. Amen.

**ELEVENTH STATION: Jesus is nailed to the cross**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** As Jesus is nailed to the cross, we witness the extent of His sacrifice. How can we respond with gratitude and love to such an incredible act of redemption?

**Prayer:** Our Lord and Saviour may the sight of your nailed hands and feet remind us of your immense love. Grant us the grace to respond with lives transformed by gratitude and love. Amen.

**Twelfth station: Jesus dies on the cross (Pause for Silent Prayer)**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:** In His final moments, Jesus forgives and surrenders His spirit to the Father. How can we learn to forgive and let go, trusting in the promise of eternal life by the same heavenly Father?

**Prayer:** Merciful Lord, teach us the power of forgiveness. Help us to surrender our hurts and grievances, trusting in the hope of resurrection and the promise of eternal life. Amen.



**THIRTEENTH STATION: Jesus is taken down from the cross**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:**

As Jesus is taken down from the cross, His lifeless body reflects the cost of our redemption. How can we respond with gratitude and a renewed commitment to live for Him today?

**Prayer:** Loving God, as we contemplate the lifeless body of your Son, stir within us a profound gratitude for the sacrifice of love. May our lives be a testament to His redeeming grace. Amen.

**FOURTEENTH STATION: Jesus is placed in the tomb**

**Leader:** *We adore you O Christ, and we bless you*

**All:** *Because by your Holy Cross you have redeemed the world.*

**Reflection:**

In the stillness of the tomb, we await the promise of resurrection. How can we find hope in the darkest moments, trusting that God's light will pierce through the darkest tomb in his own time?

**Prayer:**

God of Hope and eternal life, when faced by the silence of the tomb, strengthen our faith. May we wait the dawn of resurrection with hearts full of hope and joyful anticipation of your glorious light. Amen.

**Hymn: 203.** If you wish to be my disciple. (*Joyful Celebration Hymnal*) or any appropriate hymn.

**Concluding Prayer:**

Most merciful God, who by the death and resurrection of your Son Jesus Christ delivered and saved humankind, grant that by faith in him who suffered on the cross, we may triumph in the power of his victory; through Jesus Christ our Lord. Amen

**For the intentions of our holy father: Our Father . . . Hail Mary . . . Glory be...**

-Commission for Liturgy  
Archdiocese of Bombay  
[www.liturgycentrebandra.org](http://www.liturgycentrebandra.org)