



PRAYER WHILE TRAVELLING

Thank you Lord, for the joy and thrill of travelling.
How incomplete life would be, if we confine ourselves
Only to our own small and limited world!
And know not, the delight and surprises of Newness and Diversity.
Lord, You who travelled the length and breadth of Palestine
During your earthly sojourn, know the thrill and the fatigue of a journey,
The joy and necessity of human connections
And the costs of solidarity with all.

Bless all those who travel with me.
We all travel for various purposes and to different destinations.
You know that safety is everyone's concern.
May we be a good neighbour to each other.
Gracious Lord, watch over us and shield us from all harm.
Protect us from every danger, accidents and misfortunes.
Bless all those who are responsible for our safety. Amen.

— Salome fsp





PSALM 121

(Psalm for Travelers)

I raise my eyes toward the mountains.
From whence shall come my help?
My help comes from the LORD,
the maker of heaven and earth

He will not allow your foot to slip;
or your guardian to sleep.
Behold, the guardian of Israel
never slumbers nor sleeps.
The LORD is your guardian;
the LORD is your shade
at your right hand.

By day the sun will not strike you,
nor the moon by night.

The LORD will guard you from all evil;
he will guard your soul.

The LORD will guard your coming and going
both now and forever.

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