

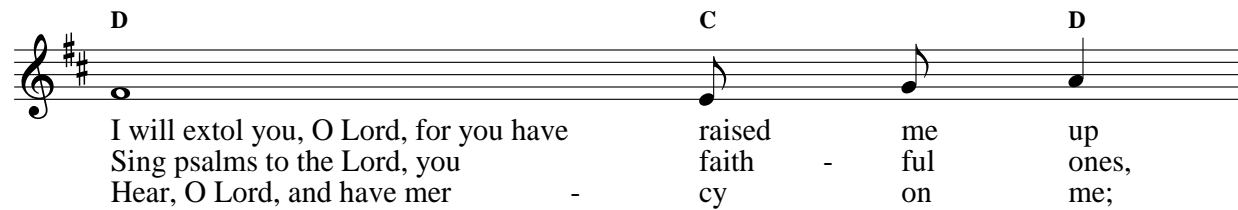
THIRTEENTH SUNDAY IN ORDINARY TIME

Music : Ferdinand Pereira

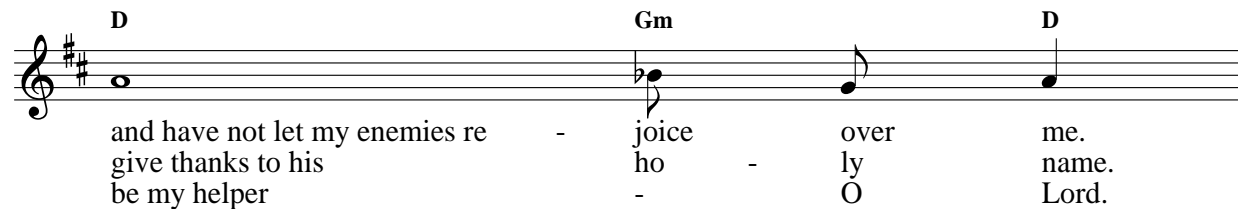
Reviewed by: Fr. Lawrence D'Souza



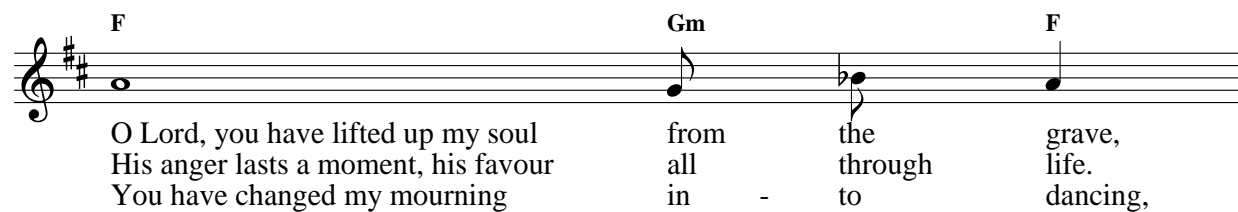
I will ex-tol you, O Lord, for you have raised me up.



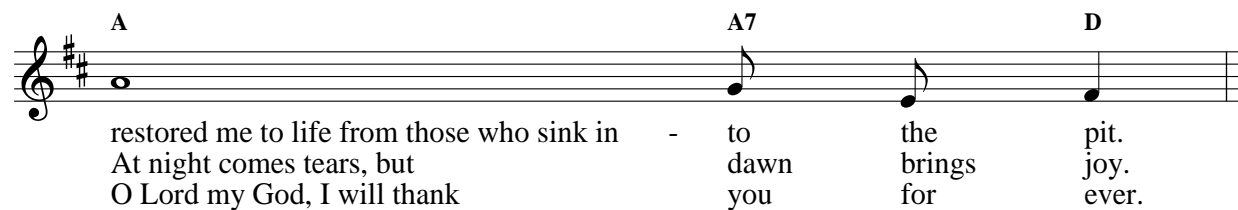
I will extol you, O Lord, for you have raised me up
Sing psalms to the Lord, you faithful ones,
Hear, O Lord, and have mercy on me;



and have not let my enemies rejoice over me.
give thanks to his holy name.
be my helper O Lord.



O Lord, you have lifted up my soul from the grave,
His anger lasts a moment, his favour all through life.
You have changed my mourning in to dancing,



restored me to life from those who sink in to the pit.
At night comes tears, but dawn brings joy.
O Lord my God, I will thank you for ever.