

Holy Hour of Adoration for
Our Lord Jesus Christ, King of The Universe

Sign of the Cross:

Hymn: Joyful Celebration no. 245 Let us bow in adoration

Exposition of the Blessed Sacrament: (2 Minutes silence)

Introduction: Lord Jesus, we have set aside this time to be with you on the Solemnity of Our Lord Jesus Christ, King of The Universe. By your victory, you conquered sin and death and became the King of every age and the Lord of all history. Jesus, today we acknowledge your sovereignty and proclaim, as your sons and daughters, our fidelity and loyalty that is owed to you. As baptised members of your Church, we are truly privileged to be your children and future citizens and heirs of the Kingdom of God.

Hymn: Joyful Celebration no. 53 Be exalted... (1 Minute silence)

Scripture Reading: 2 Sam 5:1-3 *To be proclaimed from the bible* (3 Minutes silence)

In the reading from the second book of Samuel, we are reminded that Jesus was from the ancestry of David. David was crowned king of Israel. David was now, not only a member of the family, but a shepherd and ruler of God's People. David was to govern the entire nation of Israel and lead them spiritually. He was a prefiguration of Christ who was to come.

As we now spend some time in silent prayer, let us reflect on how David was called to be 'shepherd' and 'leader' of God's people. In our life, how do we balance authority with service and compassion? Pause and Reflect. (2 Minutes silence)

Our Response: O Lord! Strengthen us on our journey in life.

- a) Jesus, you invite each of us to freely and lovingly follow in your footsteps...
- b) Jesus, help us to balance authority, service and compassion in our life as we interact with others...
- c) Jesus, you used your power to save others. Help us to use our power and authority to serve others....
- d) Jesus, help us to be a neighbour to everyone we come across and to share your divine life....

Hymn: Joyful Celebration no. 385 The King of glory comes... (1 Minute silence)

Scripture Reading: Col 1:12-20 *To be proclaimed from the bible* (3 Minutes silence)

In the letter to the Colossians, St. Paul gives us the exalted vision of Christ who rules over all powers and all creation. Everything is subject to Jesus as King. We can only celebrate an exalted Christ when we acknowledge Christ's passion, death and resurrection. In Jesus, we find peace, redemption and forgiveness of sins. In our world today, which is highly divided

by caste, religion, language, polarization etc, Paul invites us to proclaim the Sovereignty of Christ. It is Christ who, by His redemptive sacrifice, takes all things through himself, transforms and reconciles them through the blood on the Cross.

As we pause in silent prayer, what phrase or word speaks to me? How can I apply it in my life? **(2 minutes silence)**

Our Response: Lord, hear our prayer

- a) Lord, help us to follow the path of goodness together with love, justice and solidarity...
- b) Lord, help us to always promote a communitarian dimension of life...
- c) Lord, help us to remember and learn from our past spiritual experiences and the riches we have inherited from the past...
- d) Lord, teach us to respect each other's freedom and never to dominate or control people...
- e) Lord, help us in your world to see that no one's dignity is denied, scorned or trampled upon nor their fundamental rights discarded or violated...

Hymn: Joyful Celebration no. 23 All glory, praise and honour... **(1 Minute silence)**

Scripture Reading: Lk 23:35-43 *To be proclaimed from the bible* **(3 Minutes silence)**

In Luke's gospel, we experience the final moments of Jesus on the Cross. He is surrounded by people telling him to "save yourself." He is also taunted by the leaders, soldiers and one of the criminals crucified by his side. Luke, in his gospel, shows us that even amidst such temptations, Jesus did not save himself. Jesus did not come to save himself. He healed others, fed others and satisfied their needs as shown by Luke. Jesus even granted the second criminal's request. Jesus poured out His life completely for others. Today, Jesus invites us to follow his example, to die to ourselves and rise with him. Are we willing to empty ourselves and live for others? **(2 Minute silence)**

The second criminal begs Jesus to "...remember me when you come into your kingdom." Jesus tells him, "you will be with me in Paradise." In these few words, Jesus reveals he is a merciful King, willing to save others. Jesus always keeps his promise. Like the second criminal, can we confess our own sinfulness and pride and seek Jesus' mercy? **(2 Minute silence)**

Let us acknowledge our need for Jesus' mercy.

Our Response: Lord, hear have mercy

- a) Jesus, you reconcile all things to yourself ...
- b) Jesus, you made peace with the blood of your Cross...
- c) Jesus, in you, we have redemption and forgiveness...
- d) Jesus, you are the King who has conquered sickness, sin and death...
- e) Jesus, give us the strength to foster what is good and place ourselves at its service...

Hymn: Joyful Celebration no. 43 As the deer... **(1 Minute silence)**

General Intercessions:

Our Response: Lord, listen to your people praying.

1. For all the members of the Church, that we may respond to others as Christ did; for this we pray to the Lord...
2. For all the people in the world, that they may follow God's Spirit by showing compassion, truth and integrity; for this we pray to the Lord...
3. That like the second criminal, we may recognise and receive Christ's divine Mercy; for this we pray to the Lord...
4. For all of us, that we may make known the Justice and Peace of Christ our King to all others; for this we pray to the Lord...
5. For each one of us baptised, that like Jesus our King, we may become neighbours to all; for this we pray to the Lord...
6. For all the people in the world, that they will follow the universal call to love and brotherhood and like Jesus, transcend all prejudice, historical and cultural barriers and all individual interests; for this we pray to the Lord...
7. That those who have died, especially _____ and _____ will become like their risen Saviour in his triumph over death, let us pray to the Lord:

Silence:

Benediction: *(if this is the only Service being held)*

Closing Hymn: Joyful Celebration no. 415 To the King of all ages.....

*Commission For Liturgy
Archdiocese of Bombay*